



Transcript from October 4, 2010 to October 4, 2010

All times are Pacific Time

October 4, 2010

- 7:02 am **steph33560:** RT @Kiwfranc: #HAS Véronique Vialle : Erreurs médicamenteuses induites par l'informatisation du circuit du médicament <http://t.co/wLDMOwe> #health20fr
- 7:09 am **portablegenomic:** @Kiwfranc #health20fr OK pour le patient empowerment et aussi, en 2011 les patients auront ils le droit de visibilité sur leur génétique?
- 7:16 am **Kiwfranc:** RT @portablegenomic: @Kiwfranc #health20fr OK pour le patient empowerment et aussi, en 2011 les patients auront ils le droit de visibilité sur leur génétique?
- 8:09 am **rteston:** La bataille des portails santé-Internet (Quotimed) <http://tinyurl.com/2a9le9g> #esante #health20fr
- 8:52 am **kgapo:** @kiwfranc #hscsm #hcsmeu #hscsmca #health20fr tenez nous au courant de vos discussions...
- 9:08 am **Kiwfranc:** @kgapo Oui, je poserais la question au tweet-up #hscsm #hcsmeu #hscsmca #health20fr
- 9:44 am **ValerieRAVERY:** La bataille des portails santé-Internet <http://tinyurl.com/2a9le9g> #esante #health20fr (Quotimed via @rteston)
- 10:10 am **digitalsante:** RT @ValerieRAVERY: La bataille des portails santé-Internet <http://tinyurl.com/2a9le9g> #esante #health20fr (Quotimed via @rteston)
- 11:39 am **rteston:** RT @VmedVpharm La semaine du dialogue des entreprises du médicament <http://www.santedemain.org/> #pharma #health20fr
- 11:50 am **mse lamnia:** RT @rteston: RT @VmedVpharm La semaine du dialogue des entreprises du médicament <http://www.santedemain.org/> #pharma #health20fr
- 12:34 pm **sharingstrength:** RT @Kiwfranc: Le "patient empowerment", il serait bien d'en débattre au tweet-up de 11h HNE #hscsm #hcsmeu #hscsmca #health20fr
- 12:41 pm **Kiwfranc:** Internet et les vieux : "Ça rentre d'un côté, ça ressort de l'autre" | Rue89 <http://t.co/jFSiJHK> #health20fr
- 1:05 pm **stratagemme:** RT @SylRP: RT @kiwfranc: #health20fr Lancement officiel de l'opération 2011 année des patients et leurs droits <http://t.co/AjDpZV3> #yam
- 2:14 pm **thibaudguyard:** Digipharm Europe 2010 : L'engagement dans le digital pour améliorer la santé. <http://ow.ly/2O3l6> #hcsmeufr #health20fr #digipharm #sante
- 2:15 pm **EngagementStrat:** RT @thibaudguyard #Digipharm Europe 2010: L'engagement dans le digital pour améliorer la santé. <http://ow.ly/2O3l6> #hcsmeufr #health20fr
- 2:18 pm **paulgrant:** RT @EngagementStrat: RT @thibaudguyard #Digipharm Europe 2010: L'engagement dans le digital pour améliorer la santé. <http://ow.ly/2O3l6> #hcsmeufr #health20fr
- 2:22 pm **RP sante:** Notre #santé demain quel progrès? La semaine du dialogue du #Leem <http://www.santedemain.org/> #pharma #health20fr via @rteston @VmedVpharm
- 2:50 pm **health20Paris:** #health20fr tweet-up 17h avec @epatientdave + Ginny
- 2:51 pm **ePatientDave:** @health20Paris THERE you are! Is that the hashtag? #health20fr?
- 2:51 pm **health20Paris:** RT @ePatientDave: @health20Paris hashtag= #health20fr
- 2:52 pm **health20Paris:** Okay everyone, standby for a fab tweet-up with @epatientdave & Ginny in 8 minutes #health20fr English & Français !
- 2:53 pm **ePatientDave:** @health20Paris Please follow me during this #health20fr tweetchat
- 2:53 pm **ePatientDave:** @health20Paris My wife Ginny is @OxyVet #health20fr
- 2:59 pm **ePatientDave:** @LaughSing Tweetchat "It's all about love" hosted by @Health20fr with wife Ginny @OxyVet & me, starting in 1 minute #health20fr
- 3:00 pm **ePatientDave:** That's a bilingual, simultaneous translation tweetchat! #health20fr
- 3:00 pm **sharingstrength:** Tweet-up with @epatientdave & Ginny (@OxyVet) starting NOW! #health20fr English & Français ! @health20Paris
- 3:00 pm **health20Paris:** #health20fr hello, bonjour Ginny & Dave. Are u both standing by?
- 3:01 pm **ePatientDave:** Yes we are! #health20fr
- 3:01 pm **ePatientDave:** But Ginny's tweets aren't coming through. #health20fr

- 3:01 pm **sharingstrength:** RT @ePatientDave: @LaughSing Tweekchat "It's all about love" hosted by @health20Paris with wife Ginny @OxyVet & me #health20fr
- 3:01 pm **health20Paris:** #health20fr Would you each present yourselves, ladies first?
- 3:02 pm **ePatientDave:** Anyway we're here. I'll type for her if necessary. #health20fr
- 3:02 pm **sharingstrength:** Tweet-up with @epatientdave & Ginny (@OxyVet) starting NOW! #health20fr English & Français ! @health20Paris #hcsma
- 3:02 pm **ePatientDave:** Ginny says: "I'm a small animal veterinarian, wife of @ePatientDave. (No coincidence.)" #health20fr
- 3:03 pm **ePatientDave:** Dave says: We faced my cancer together. She was wonderful. Such love! #health20fr
- 3:03 pm **health20Paris:** @oxyvet @epatientdave #health20fr Ginny, vétérinaire pour animaux petits et épouse de @epatientdave
- 3:04 pm **health20Paris:** #health20fr @oxyvet, can u tell us how you u participated in Dave's "adventure" ?
- 3:05 pm **Kiwfranc:** Bonjour @ePatientDave @health20Paris #health20fr
- 3:05 pm **health20Paris:** #health20fr question: comment Ginny épouse @epatientdave a-t-elle participé dans l'aventure de Dave
- 3:06 pm **ePatientDave:** She also helped me by sharing her medical knowledge, to help me understand the doctors' reports. #health20fr
- 3:06 pm **health20Paris:** Bonjour #health20fr @sharingstrength @kiwfranc
- 3:07 pm **health20Paris:** #health20fr Dave dit que son épouse a- était présente pour partager son cancer b-pour comprendre les rapports médicaux
- 3:08 pm **health20Paris:** #health20fr Ginny, how long to transfer enough knowledge to @epatientdave?
- 3:08 pm **ePatientDave:** Her tweets aren't coming through. She said "I supported him anyway I could & Laughed and fed him and listened." #health20fr
- 3:09 pm **ePatientDave:** @Oxyvet says: It was a never ending process. We never knew from day to day what we would need to do. #health20fr
- 3:10 pm **ePatientDave:** She adds: We were facing probable death. All we could do was hold onto each other and help each other. #health20fr
- 3:11 pm **sharingstrength:** Bonjour RT @health20Paris: Bonjour #health20fr @sharingstrength @kiwfranc
- 3:13 pm **health20Paris:** RT @ePatientDave Ginny said "I supported him anyway I could & Laughed and fed him and listened." #health20fr
- 3:13 pm **health20Paris:** RT @ePatientDave: @Oxyvet says: It was a never ending process. We never knew from day to day what we would need to do. #health20fr
- 3:13 pm **ePatientDave:** @health20Paris Ask either of us #health20fr
- 3:13 pm **Kiwfranc:** J'aimerais demander en 1er à Dave , comment va t'il aujourd'hui ? #health20fr
- 3:14 pm **health20Paris:** #health20fr Ginny dit qu'elle l'a soutenu par le rire, la nourriture, l'écoute
- 3:14 pm **ePatientDave:** @Kiwfranc I am completely healthy now! #health20fr
- 3:14 pm **health20Paris:** #health20fr Ginny dit que le transfert de connaissances nécessaire était infini car chaque jour il y avait du nouveau
- 3:15 pm **health20Paris:** #health20fr @epatientdave @kiwfranc is asking how you're feeling today?
- 3:15 pm **ePatientDave:** @Kiwfranc I lost a lot of weight while I was sick, which was nice. :) But it all came back. #health20fr
- 3:15 pm **health20Paris:** il se sent en pleine forme RT @ePatientDave: @Kiwfranc I am completely healthy now! #health20fr
- 3:15 pm **Kiwfranc:** @ePatientDave C'est alors un grand bonheur #health20fr
- 3:15 pm **ePatientDave:** @health20Paris Tweetdeck lets me translate the tweets. Nice. #health20fr
- 3:16 pm **health20Paris:** il était content de maigrir mais tout est revenu RT @ePatientDave: @Kiwfranc #health20fr
- 3:16 pm **health20Paris:** #health20fr Ginny did this experience change your perspective as a healthcare professional?
- 3:17 pm **health20Paris:** @epatientdave #health20fr when did you finish the last page of your book Laugh,Sing, Eat Like a Pig?
- 3:19 pm **health20Paris:** @kiwfranc says title: laugh,sing,eat like pig already a sign of HOPE #Health20fr
- 3:19 pm **ePatientDave:** She says: "Not so much as a veterinarian. #health20fr
- 3:20 pm **oxyvet:** #health20fr Veterinarians do all the medical care, not divide the body into sections....

- 3:20 pm **health20Paris**: nonetheless there r issues of knowledge & options RT @ePatientDave: She says: "Not so much as a veterinarian. #health20fr"
- 3:20 pm **ePatientDave**: @health20Paris @kiwfranc Yes, the title is all about hope. I knew I was in trouble but I chose to use my mind. #Health20fr
- 3:20 pm **oxyvet**: hashtag #health20fr. Our patients are whole body systems, not kidneys,bone, GI tract etc.
- 3:21 pm **ePatientDave**: @health20Paris The book was finished in June. #health20fr
- 3:21 pm **health20Paris**: @epatientdave #health20fr How did the patient empowerment side of the experience impact u & Ginny?
- 3:22 pm **mse lamnia**: Bonjour à tous ! Hi Ginny & Dave (sorry for the delay) #health20fr
- 3:22 pm **ePatientDave**: @health20Paris We've always been very empowered people... #health20fr
- 3:22 pm **health20Paris**: RT @@ePatientDave #Health20fr what do you mean "you chose to use your mind"?
- 3:23 pm **oxyvet**: hashtag #health20fr. For me it was being able to communicate in "medicalease" and having my opinion respected
- 3:23 pm **ePatientDave**: so when the illness hit, we acted powerfully. We were scared but there was never any talk of "I am a victim" #health20fr
- 3:23 pm **Kiwfranc**: @kgapo demande si en Europe n sommes prêts pour discuter sur la regulation des patients? #health20fr
- 3:23 pm **health20Paris**: #health20fr @epatientdave a choisi d'utiliser son "esprit" face à son cancer
- 3:23 pm **ePatientDave**: @oxyvet You mean communicating with the doctors in medical language? #health20fr
- 3:24 pm **health20Paris**: #health20fr il sont agi avec "puissance", jamais en tant que "je suis victime"
- 3:24 pm **oxyvet**: hashtag #health20fr. Dave's body was sick...how do we change that.
- 3:24 pm **ePatientDave**: @health20Paris I mean I chose to have a positive attitude. There is evidence that this helps the immune system. #health20fr
- 3:24 pm **health20Paris**: Who is this question for? RT @ePatientDave: @oxyvet You mean communicating with the doctors in medical language? #health20fr
- 3:25 pm **health20Paris**: #health20fr do u think u were pre-disposed to have a positive attitude? Or u built it from scratch?
- 3:25 pm **ePatientDave**: @health20Paris It was a question to Ginny. She said "yes, communicating with the doctors." #health20fr
- 3:25 pm **health20Paris**: #health20fr @epatientdave dit qu'il a choisi d'avoir une attitude positive & sachant k cela aide système immunitaire
- 3:26 pm **ePatientDave**: @health20Paris In my opinion this is important. People think "Patients don't know medical things" but we have medical friends. #health20fr
- 3:26 pm **Kiwfranc**: RT @health20Paris: #health20fr @epatientdave dit qu'il a choisi d'avoir une attitude positive & sachant k cela aide système immunitaire
- 3:26 pm **andrewspong**: RT @ePatientDave: @health20Paris In my opinion this is important. People think "Patients don't know medical things" but we have medical friends. #health20fr
- 3:26 pm **health20Paris**: @mse lamnia #health20fr bonjour
- 3:27 pm **mse lamnia**: Peut-on dire que ce livre traite autant du patient que du role de l'accompagnant ? #health20fr
- 3:27 pm **ePatientDave**: @health20Paris We always had a positive attitude. We love being happy and laughing! :) #health20fr
- 3:27 pm **health20Paris**: #health20fr @epatientdave dit qu'il a fait appel à des amis medecins pour participer à sa connaissance
- 3:27 pm **health20Paris**: @epatientdave #health20fr do u think that a would-be empowered patient without doctor friends can succeed?
- 3:28 pm **health20Paris**: #health20fr #hcsmeu RT @andrewspong: @ePatientDave @health20paris 'epatient movement not just sympathy, about science & saving lives'
- 3:28 pm **ePatientDave**: @health20Paris (translate @mse lamnia SVP) #health20fr
- 3:28 pm **oxyvet**: hashtag #health20fr. Yes, empowerment comes from asking questions that you don't know the answers to...don't be shy
- 3:29 pm **health20Paris**: Can unhappy, non laughers b cured? RT @ePatientDave: @health20Paris Always had positive attitude. We love being happy laughing! #health20fr
- 3:29 pm **ePatientDave**: @health20Paris Yes, there are many stories on e-patients.net where patients taught themselves. #health20fr
- 3:29 pm **ePatientDave**: @health20Paris Family and friends are just one resource among many. #health20fr

- 3:29 pm **mselamnia:** Le titre du livre n'est-il pas une reconnaissance implicite du rôle du maintien de la fonction "plaisir" dans cette maladie ? #health20fr
- 3:29 pm **health20Paris:** RT @oxyvet: hashtag #health20fr. Yes, empowerment comes from asking questions that you don't know the answers to...don't be shy
- 3:30 pm **Kiwfranc:** RT @mselamnia: Peut-on dire que ce livre traite autant du patient que du rôle de l'accompagnant ? #health20fr
- 3:30 pm **health20Paris:** RT @ePatientDave: @health20Paris Yes, many stories on e-patients.net where patients taught themselves. #health20fr
- 3:31 pm **oxyvet:** #health20fr Can people be cured of unhappiness..don't know
- 3:32 pm **Kiwfranc:** @mselamnia Est-ce que la fonction "plaisir" est suffisante pour lutter contre la maladie #health20fr
- 3:32 pm **oxyvet:** #health20fr Curing unhappiness would be the first step.
- 3:32 pm **mselamnia:** Hi Dave & Ginny : Would you say that your book not only about the patient but also about the role of the accompanying person ? #health20fr
- 3:32 pm **ePatientDave:** RT @oxyvet: #health20fr Can people be cured of unhappiness..don't know < = that was a joke :)
- 3:33 pm **health20Paris:** @mselamnia this was my feeling (importance of support by accompanying person) in reading Dave's book. #health20fr
- 3:33 pm **ePatientDave:** @mselamnia Excellent question... #health20fr
- 3:34 pm **health20Paris:** #health20fr question from @kiwfranc is "pleasure" an arm against disease?
- 3:34 pm **ePatientDave:** @mselamnia The book shows how my friends and family helped me feel that I deserve to be alive. #health20fr
- 3:34 pm **Kiwfranc:** RT @health20Paris: @epatientdave #health20fr do u think that a would-be empowered patient without doctor friends can succeed?
- 3:34 pm **ePatientDave:** @health20Paris @kiwfranc I think it is! For me, pleasure and happiness are a great reason to stay alive. #health20fr
- 3:35 pm **health20Paris:** #health20fr plaisir & bonheur sont des raisons de rester en vie @kiwfranc
- 3:35 pm **ePatientDave:** @health20Paris @kiwfranc Also today there is medical evidence that mood helps the immune system. #health20fr
- 3:35 pm **oxyvet:** #health20fr yes,I think pleasure is an arm against disease.
- 3:35 pm **health20Paris:** #health20fr @epatientdave so u could tolerate side effects better than others, possibly?
- 3:35 pm **ePatientDave:** @health20Paris @kiwfranc It's called psycho-neuro-immunology #health20fr
- 3:36 pm **health20Paris:** #health20fr @epatientdave this side effect question extremely important: it means patients "not like me". each one different threshold ?
- 3:37 pm **Kiwfranc:** Mais est-ce suffisant ? RT @health20Paris: #health20fr plaisir & bonheur sont des raisons de rester en vie @kiwfranc
- 3:37 pm **ePatientDave:** @health20Paris Ginny saw a study this weekend: when people were shown a picture of a loved one, they experienced less pain. #health20fr
- 3:37 pm **ePatientDave:** @health20Paris I only know what my doctor said about me. #health20fr
- 3:38 pm **health20Paris:** #health20fr oncologue @epatientdave confirme attitude & connaissances de Dave lui ont permis de s mieux supporter
- 3:38 pm **ePatientDave:** @health20Paris But yes, side effects always vary from patient to patient. #health20fr
- 3:38 pm **health20Paris:** RT @ePatientDave: @health20Paris Ginny saw a study : people shown a picture of a loved one, they experienced less pain. #health20fr
- 3:38 pm **health20Paris:** #health20fr @kiwfranc asks if pleasure and happiness motivation is sufficient to stay alive?
- 3:39 pm **ePatientDave:** @Kiwfranc I don't think attitude is enough - I wanted my doctors! :) #health20fr
- 3:39 pm **mselamnia:** I'd be then be tempted to immediately empower with pleasure a newly diagnosed patient to optimize outcomes of his/her treatment #health20fr
- 3:39 pm **health20Paris:** @oxyvet (ginny) a vu étude: photo d'un être cher réduit la douleur #Health20fr
- 3:40 pm **ePatientDave:** @mselamnia Yes. I think when you're in trouble you should use everything that can help. #health20fr
- 3:40 pm **oxyvet:** #health20fr I see attitude difference in animals makes a difference as to how fast they recover.
- 3:40 pm **Kiwfranc:** RT @ePatientDave: @Kiwfranc I don't think attitude is enough - I wanted my doctors! :) #health20fr

- 3:40 pm **health20Paris:** @epatientdave dit k l'attitude positive ne suffit pas; faut des médecins #health20fr
- 3:41 pm **oxyvet:** #health20fr Friendly, happy animals recover much quicker than angry, scared animals.
- 3:41 pm **health20Paris:** @mselamnia nouveau patient: besoin de connaissances, attitude positive, médecins #health20fr
- 3:41 pm **health20Paris:** RT @oxyvet: #health20fr I see attitude difference in animals makes a difference as to how fast they recover.
- 3:42 pm **health20Paris:** @oxyvet attitude of owner or of animal or both makes difference in treatment result ? #health20fr
- 3:42 pm **oxyvet:** #health20fr We all need doctors...we are talking about combining ALL the positives to survive
- 3:42 pm **health20Paris:** @epatientdave #health20fr How long does the happiness of recovery last?
- 3:43 pm **ePatientDave:** @health20Paris How long does the happiness of recovery last?? It hasn't stopped yet, 3 years later. :) #health20fr
- 3:43 pm **oxyvet:** #health20fr Both the animal and owner make a difference. The attitude of the owner definitely influences animal attitude
- 3:43 pm **Kiwfranc:** Je pense que nous ne sommes pas égaux face à la maladie car nous avons tous notre part de vécu #health20fr
- 3:44 pm **ePatientDave:** @health20Paris Now, even when the weather is horrible, I think "I get to see this horrible weather!" #health20fr
- 3:44 pm **health20Paris:** #health20fr individual variation on tolerance/tolerability of side effects : is there good data on that?
- 3:44 pm **health20Paris:** @kiwfranc says "Our individual experience prior to disease, makes us each different" #health20fr
- 3:44 pm **oxyvet:** #health20fr Same for people (partners not owners). When I left my 1st husband people said I looking 10 yrs younger in just 2 wks
- 3:45 pm **mselamnia:** @kiwfranc TT à fait d'accord. C'est pourquoi je crois que le role du coaching est important pour armer le patient #health20fr
- 3:45 pm **ePatientDave:** @Kiwfranc I agree, we are not all equal. But I also think we can change our minds. #health20fr
- 3:45 pm **Kiwfranc:** @ePatientDave Pourquoi avoir mis vos données médicales sur Google Health ? #health20fr
- 3:45 pm **health20Paris:** RT @ePatientDave: @health20Paris Now, even when the weather is horrible, I think "I get to see this horrible weather!" #health20fr
- 3:45 pm **sharingstrength:** There can be a burden to positive thinking #health20fr. SharingStrength members articulate beautifully here <http://bit.ly/bU1EE7>
- 3:46 pm **health20Paris:** RT @sharingstrength burden to positive thinking #health20fr. SharingStrength members articulate here <http://bit.ly/bU1EE7>
- 3:46 pm **ePatientDave:** @kiwfranc I do not have my medical information in Google Health now. #health20fr
- 3:47 pm **ePatientDave:** @sharingstrength I don't think anyone should make a "burden" out of positive thinking. :) That's counterproductive! #health20fr
- 3:47 pm **Kiwfranc:** RT @mselamnia: @kiwfranc TT à fait d'accord. C'est pourquoi je crois que le role du coaching est important pour armer le patient #health20fr
- 3:47 pm **sharingstrength:** La pensée positive est une arme à double tranchant #health20fr Les membres de FortesEnsemble disent -> <http://bit.ly/bF5fBY>
- 3:47 pm **ePatientDave:** @Kiwfranc I do think we should liberate our medical data so we can see it anytime. #health20fr
- 3:47 pm **health20Paris:** @epatientdave #health20fr I recall u had errors in your online personal health record?
- 3:47 pm **thibaudguyard:** There can be a burden to positive thinking #health20fr SharingStrength members articulate beautifully here <http://bit.ly/bU1EE7> RT...
- 3:48 pm **health20Paris:** liberate it from where? RT @ePatientDave: @Kiwfranc I do think we should liberate our medical data so we can see it anytime. #health20fr
- 3:48 pm **health20Paris:** @epatientdave il veut libérer ses données médicales afin de les voir à tout moment si envie #health20fr
- 3:49 pm **ePatientDave:** @sharingstrength This "burden" concept is full of power. It's a deep discussion, too much for Twitter. #health20fr
- 3:49 pm **health20Paris:** RT @sharingstrength: La pensée positive arme à double tranchant #health20fr membres de FortesEnsemble disent <http://bit.ly/bF5fBY>

- 3:49 pm **oxyvet:** #health20fr I never gave a thought to whether I was thinking positive or not. We decided to live our lives as we had before, with happiness
- 3:49 pm **Kiwfranc:** RT @sharingstrength: La pensée positive est une arme à double tranchant #health20fr Les membres de FortesEnsemble disent -> <http://bit.ly/bF5fBY>
- 3:49 pm **sharingstrength:** @ePatientDave To some it can feel like a burden when it is imposed on them. #health20fr
- 3:49 pm **ePatientDave:** @sharingstrength My short version: whether we know it or not, everything about "burden" resides in our own minds. #health20fr
- 3:50 pm **health20Paris:** yes, it's like nonstop haikus RT @ePatientDave @sharingstrength too much for Twitter. #health20fr
- 3:50 pm **sharingstrength:** RT @ePatientDave: @health20Paris Now, even when the weather is horrible, I think "I get to see this horrible weather!" #health20fr
- 3:50 pm **andrewspong:** RT @ePatientDave: @sharingstrength My short version: whether we know it or not, everything about "burden" resides in our own minds. #health20fr
- 3:50 pm **oxyvet:** #health20fr Both Dave & I had negative experiences in our personal lives & chose each other to have a positive one,
- 3:50 pm **ePatientDave:** @sharingstrength The proof, I think, is that some people experience it as a burden and others don't. #health20fr
- 3:50 pm **hartdoctor:** @ePatientDave We either make ourselves miserable, or we make ourselves happy. The amount of work is the same. ~Carlos Castaneda #health20fr
- 3:50 pm **ePatientDave:** @health20Paris Liberate the data from living only in the doctor's offices. #health20fr
- 3:50 pm **health20Paris:** #health20fr @epatientdave This is like Victor Frankel concentration camps. Ultimate decisions r our own
- 3:50 pm **mselamnia:** Burden of positive thinking : I Think more important is positive acting #health20fr
- 3:51 pm **health20Paris:** RT @ePatientDave: @health20Paris Liberate the data from living only in the doctor's offices. #health20fr
- 3:51 pm **sharingstrength:** v. true RT @ePatientDave: @sharingstrength This "burden" concept is full of power. It's a deep discussion, 2much for Twitter. #health20fr
- 3:51 pm **health20Paris:** RT @hartdoctor: @ePatientDave We either make ourselves miserable, or ... happy. amount of work is same. ~Carlos Castaneda #health20fr
- 3:51 pm **ePatientDave:** @sharingstrength Don't get me wrong - I fully understand the feeling of burden! I'm not blaming. #health20fr
- 3:51 pm **health20Paris:** RT @mselamnia: Burden of positive thinking : I Think more important is positive acting #health20fr
- 3:51 pm **oxyvet:** #health20fr What happens and how we interpret it is our choice.
- 3:51 pm **ePatientDave:** @sharingstrength I'm just saying, believe me, we have more power over our minds than we may think. #health20fr
- 3:52 pm **health20Paris:** #health20fr @epatientdave veut liberer les données de rester seulement au cabinet médical
- 3:52 pm **health20Paris:** RT @oxyvet: #health20fr What happens and how we interpret it is our choice.
- 3:52 pm **health20Paris:** RT @ePatientDave: @sharingstrength I'm just saying, believe me, we have more power over our minds than we may think. #health20fr
- 3:52 pm **ePatientDave:** @sharingstrength "when it is imposed on them" - YES. We must CHOOSE our attitude. Nobody was telling ME how to think. :) #health20fr
- 3:52 pm **sharingstrength:** I think members of SharingStrength agree. RT @ePatientDave: ...everything about "burden" resides in our own minds. #health20fr
- 3:53 pm **ePatientDave:** @sharingstrength My sister has been through many deaths. She taught me "Everybody deals with this differently." #health20fr
- 3:53 pm **health20Paris:** #health20fr @epatientdave @oxyvet the whole separation between mind & body problem
- 3:53 pm **ePatientDave:** @sharingstrength Never let anyone tell you what you "should" feel. I'm only saying that attitude is a tool you CAN use. #health20fr
- 3:54 pm **ePatientDave:** RT @health20Paris: yes, it's like nonstop haikus RT @ePatientDave @sharingstrength too much for Twitter. #health20fr
- 3:54 pm **health20Paris:** #health20fr @epatientdave has sent several strong messages: hope, attitude, power over attitude, information, sharing, data,
- 3:54 pm **ePatientDave:** RT @oxyvet: #health20fr Both Dave & I had negative experiences in our personal lives & chose each other to have a positive one,
- 3:54 pm **ePatientDave:** Here is a little secret: We're in bed. :) #health20fr

- 3:54 pm **sharingstrength**: @ePatientDave I actually think we're on the same page. It's complex for sure #health20fr
- 3:55 pm **ePatientDave**: We've been apart for a week and we have lots of travel coming up, so we're being John & Yoko in Amsterdam. In bed at noon. #health20fr
- 3:55 pm **health20Paris**: #health20fr this is odd what I'm about 2 say: but without this experience, @epatientdave u wdn't b who u r & as powerful, no?
- 3:55 pm **sharingstrength**: RT @oxyvet: #health20fr What happens and how we interpret it is our choice. // Agree & is echoed in the comments here <http://bit.ly/bU1EE7>
- 3:55 pm **ePatientDave**: RT @hartdoctor: We either make ourselves miserable, or we make ourselves happy. The amt of work is the same. ~Carlos Castaneda #health20fr
- 3:56 pm **fsgoldstein**: @ePatientDave Liberate it from the "ether", its often not in the doctors office either #health20fr
- 3:56 pm **health20Paris**: RT @ePatientDave: RT @oxyvet: #health20fr after negative experiences in our personal lives, chose each other to have a positive one,
- 3:56 pm **Kiwfranc**: Nous sommes dans des questions/réponses très métaphysiques ;-) #health20fr
- 3:56 pm **ePatientDave**: @health20Paris Yes, in a way. We both had doom in our future and chose our attitude. #health20fr
- 3:56 pm **oxyvet**: #health20fr I want to be perfectly clear, attitude DOES NOT replace good medicine. It ADDS to it....or subtracts as the case may be
- 3:56 pm **sharingstrength**: Lucky!! RT @ePatientDave: Here is a little secret: We're in bed. :) #health20fr
- 3:56 pm **ePatientDave**: @health20Paris Would Frankel criticize someone who did not have his attitude? #health20fr
- 3:57 pm **health20Paris**: #health20fr tweeting here with @epatientdave & @oxyvet alias John & Yoko, talking about power, life, death, attitude, doctors, & data
- 3:57 pm **ePatientDave**: Both are strong tools! RT @mselamnia: Burden of positive thinking : I Think more important is positive acting #health20fr
- 3:57 pm **jodyms**: Think #hcsn isn't sexy? Turn the channel to #health20FR. Great conversation.
- 3:57 pm **ePatientDave**: @mselamnia As I said, I did not rely only on attitude. I got great doctors and took the treatments. #health20fr
- 3:57 pm **oxyvet**: #health20fr Partnering with doctors rather than being dictated to is how I see good medicine should be accomplished.
- 3:58 pm **health20Paris**: RT @jodyms: Think #hcsn isn't sexy? Turn the channel to #health20FR. Great conversation.
- 3:58 pm **VikiKind**: RT @health20Paris: RT @oxyvet: #health20fr What happens and how we interpret it is our choice.
- 3:58 pm **ePatientDave**: @health20Paris Ginny and I also have some training in existential thought. We chose who we were going to be. #health20fr
- 3:58 pm **sharingstrength**: @ePatientDave I'm a incorrigible positive-thinker. But don't want to lose sight that not everyone is like me. #health20fr
- 3:58 pm **health20Paris**: RT @ePatientDave: @mselamnia As I said, I did not rely only on attitude. I got great doctors and took the treatments. #health20fr
- 3:58 pm **ePatientDave**: @health20Paris We chose to be clear headed and focus on what choices we had, and to live and love every day. #health20fr
- 3:59 pm **health20Paris**: #health20fr @epatientdave insiste pour rappeler qu'il n'y avait pas que de l'attitude positive; n'oublions pas ses médecins extraordinaires
- 3:59 pm **health20Paris**: @epatientdave #health20fr how many doctors helped u through the "adventure"?
- 3:59 pm **ePatientDave**: @health20Paris Her hand on me never felt better than when I was sick and she was being my healer. It was love. #health20fr
- 3:59 pm **sharingstrength**: RT @health20Paris #health20fr tweeting w/ @epatientdave & @oxyvet alias John & Yoko, talking abt power, life, death, attitude, doctors& data
- 3:59 pm **health20Paris**: RT @ePatientDave: @health20Paris We chose to be clear headed and focus on what choices we had, and to live and love every day. #health20fr
- 3:59 pm **health20Paris**: RT @ePatientDave: @health20Paris Her hand on me never felt better than when I was sick and she was being my healer. It was love. #health20fr
- 4:00 pm **mselamnia**: @health20Paris about being stronger : The condition has somehow allowed to reveal unknowing and existing mind resources ? #health20fr
- 4:00 pm **andrewspong**: RT @jodyms: Think #hcsn isn't sexy? Turn the channel to #health20FR. Great conversation. <-- Mais, bien sûr!
- 4:00 pm **healthgist**: <http://j.mp/9BlIt3> ? @health20Paris RT @ePatientDave #Health20fr what do you mean "you chose to use your mind"?

4:00 pm **ePatientDave:** @sharingstrength I should add that my entire family supported the idea "everyone deals with it differently." #health20fr

4:00 pm **jodyms:** RT @sharingstrength: RT @health20Paris #health20fr tweeting w/ @epatientdave & @oxyvet alias John & Yoko, talking abt power, life, death, attitude, doctors& data

4:00 pm **ePatientDave:** @sharingstrength Nobody told me I was doing it wrong. I would have ignored them. #health20fr

4:00 pm **hartdoctor:** @oxyvet A motivated patient is a doctor's best ally, not an adversary #health20fr

4:00 pm **health20Paris:** #health20fr Dave & Ginny nous apportent ce double regard sur la maladie de @epatientdave le côté scientifique, le côté affective,

4:01 pm **health20Paris:** RT @hartdoctor: @oxyvet A motivated patient is a doctor's best ally, not an adversary #health20fr

4:01 pm **jodyms:** RT @hartdoctor: @oxyvet A motivated patient is a doctor's best ally, not an adversary #health20fr

4:01 pm **health20Paris:** RT @ePatientDave: @health20Paris My primary doctor, surgeon, radiologist, oncologist, bone doctor. And many nurses. #health20fr

4:01 pm **ePatientDave:** @health20Paris Et l'amour! #health20fr

4:02 pm **health20Paris:** #health20fr @epatientdave s'est appuyé sur mg, chir, radiologue, osteo, onco, bcp d'infirmiers

4:02 pm **mselamnia:** Guys, I'm sad to leave now this enriching discussion. Long lives and lot of wonderful moments to all of you #health20fr

4:02 pm **ePatientDave:** @Kiwfranc Yes, metaphysical - it was a question of existence or death! #health20fr

4:02 pm **sharingstrength:** RT @hartdoctor: @oxyvet A motivated patient is a doctor's best ally, not an adversary #health20fr

4:03 pm **EinsteinMed:** Absolutely. Partnership improves outcomes. RT @hartdoctor: @oxyvet A motivated patient is doc's best ally, not adversary #health20fr #hcsms

4:03 pm **KPNurseRecruit:** RT @ePatientDave: RT @hartdoctor: We either make ourselves miserable, or we make ourselves happy. The amt of work is the same. ~Carlos Castaneda #health20fr

4:03 pm **health20Paris:** #health20fr @epatientdave @oxyvet do u have any comments, qiestions for us?

4:04 pm **sharingstrength:** @ePatientDave @oxyvet Thanks Dave and Ginny for crossing the Atlantic from your bed. Nice chat. #health20fr

4:04 pm **hartdoctor:** @oxyvet Also agree with importance of accompanying person; often pt shuts down on hearing dx; second set of ears and mind helps #health20fr

4:04 pm **Kiwfranc:** RT @ePatientDave: @Kiwfranc Yes, metaphysical - it was a question of existence or death! #health20fr

4:04 pm **ePatientDave:** @mselamnia Merci! #health20fr

4:05 pm **sharingstrength:** RT @EinsteinMed: Partnership improves outcomes. RT @hartdoctor: @oxyvet A motivated pt is doc's best ally, not adversary #health20fr #hcsmsca

4:05 pm **rawarrior:** RT @oxyvet: #health20fr Partnering with doctors rather than being dictated to is how I see good medicine should be accomplished.

4:05 pm **health20Paris:** #health20fr l'heure est terminée. Dernieres questions, derniers commentaires?

4:05 pm **ePatientDave:** @health20Paris It's so good to be talking to you. When we married in 2000, our honeymoon was in Paris. Wonderful memories. #health20fr

4:06 pm **ePatientDave:** @health20Paris It's wonderful that when you read @LaughSing, you experienced it as a story of love. #health20fr

4:06 pm **ePatientDave:** @health20Paris So it's perfect that we decided to do this chat in bed. :-)
#health20fr

4:06 pm **health20Paris:** #health20fr @epatientdave would it b correct to say Acor was indispensable too? ie every source of info, every support indispensable?

4:06 pm **health20Paris:** True RT @ePatientDave: @health20Paris It's wonderful that when you read @LaughSing, you experienced it as a story of love. #health20fr

4:07 pm **Kiwfranc:** Merci à @health20Paris @ePatientDave #health20fr

4:07 pm **ePatientDave:** @health20Paris Denise, merci beaucoup, thank you VERY much! This was great. #health20fr

4:07 pm **Bonnycastle:** RT @hartdoctor: @oxyvet A motivated patient is a doctor's best ally, not an adversary #health20fr

4:07 pm **health20Paris:** RT @rawarrior: RT @oxyvet: #health20fr Partnering with doctors rather than being dictated to is how good medicine shd be accomplished.

4:08 pm **ePatientDave:** @health20Paris ACOR was extremely valuable, yes. #health20fr

- 4:08 pm **health20Paris:** #health20fr merci @epatientdave @oxyvet Nous allons publier les tweets en pdf. Et qqqs commentaires
- 4:08 pm **ePatientDave:** @health20Paris Strictly speaking, I wouldn't say "indispensable" because that would mean "you die if you don't have it." #health20fr
- 4:08 pm **health20Paris:** #health20fr epatient sites should all talk more about love, life, wisdom!
- 4:09 pm **ePatientDave:** @health20Paris I'd say *great doctors* were probably indispensable. ACOR helped me understand. #health20fr
- 4:09 pm **Kiwfranc:** RT @health20Paris: #health20fr merci @epatientdave @oxyvet Nous allons publier les tweets en pdf. Et qqqs commentaires
- 4:09 pm **ePatientDave:** @health20Paris Yes, the joy of being alive. #health20fr
- 4:10 pm **health20Paris:** #health20fr merci @kiwfranc @sharingstrength @mselamnia @rawarrior @andrewspong @kpnurserecruit @einsteinmed @jodyms
- 4:11 pm **ePatientDave:** @health20Paris Is this correct? "Merci a tous les tweeps"? #health20fr
- 4:11 pm **health20Paris:** they say tweeting brings joy RT @ePatientDave: @health20Paris Yes, the joy of being alive. #health20fr
- 4:11 pm **health20Paris:** RT @ePatientDave: @health20Paris Is this correct? "Merci a tous les tweeps"? #health20fr
- 4:12 pm **health20Paris:** Bonne journée à Ginny, Dave -- Ciao de #health20fr
- 4:12 pm **VmedVpharm:** Baptême hier d'un petit bout de chou d'1 an atteint d'un cancer. Il s'est battu et s'en est sorti. C'est beau. Bravo à tous #health20fr
- 4:14 pm **ePatientDave:** @health20Paris Ciao! #health20fr
- 4:15 pm **thibaudguyard:** A ne pas manquer! Prochain tweetup #hcsmeufr, mercredi 6 octobre à 13h. Pour plus d'infos: <http://ow.ly/2O9UR> #health20fr
- 4:21 pm **ability4life:** RT @EinsteinMed: Ptnershp imprves outcoms.RT @hartdoctor@oxyvet motivatd pt doc's best ally not advrsary #health20fr #hscsm #hscsmca
- 4:21 pm **thibaudguyard:** Pr lancer le tweetup #hcsmeufr de mercredi: L?engagement dans le digital pour améliorer la santé <http://ow.ly/2Oacz> #health20fr #digipharm
- 4:25 pm **thibaudguyard:** En France, quelles stratégies de communication digitales pour améliorer la santé du patient? <http://ow.ly/2Oaks> #hcsmeufr #health20fr
- 4:28 pm **gdedurat:** RT @health20Paris: #health20fr epatient sites should all talk more about love, life, wisdom// sorry being late, I'd add also trust, faith..
- 4:30 pm **hartdoctor:** @ePatientDave @health20Paris Thanks for hosting this session, and thanks for letting me eavesdrop between patients #health20fr
- 5:20 pm **Eschnak:** RT @oxyvet: #health20fr Partnering with doctors rather than being dictated to is how I see good medicine should be accomplished.
- 5:39 pm **health20Paris:** @hartdoctor thank you@epatientdave #health20fr
- 6:05 pm **rteston:** RT @thibaudguyard: A ne pas manquer! Prochain tweetup #hcsmeufr, mercredi 6 octobre à 13h. Plus d'infos: <http://ow.ly/2O9UR> #health20fr
- 6:24 pm **health20Paris:** RT @gdedurat: RT @health20Paris: #health20fr epatient sites should all talk more about love, life, wisdom, I'd add also trust, faith..